I am pleased to report that two of our school priorities Successful Learners and Sustained Partnerships were evidenced in both the reporting data and more obviously in the success of the student led conferences at the Education and Career Planning (ECP) meetings on the 2nd May.

The survey feedback from parents and the preparation by students of their first student led presentations demonstrated an ownership of learning by our senior students. This process required students to document verbal feedback from individual class teachers and to use this data (formative feedback) to develop strategies to improve performance in individual subjects for Term 2. Students then presented their data review to parents and their ECP teacher in a student led conference. The process demonstrates the power of regular effective feedback of specific elements of learning (skills) for students to improve outcomes in future tasks.

This week we host 7 education colleagues who are members of Australian Schools Accreditation Agency (ASAA) with whom the school has been accredited for the past 4 years. The team will review our self-study against a set of criteria through meetings with key staff, students, parents and members of the wider community. Of particular interest is the school’s progress towards the recommendations of the School Improvement Unit report from 2015. Members of the Team include:

- Mr Ken Rogers ASAA Board Member
- Mr Ross Higgins – Principal Aldrige SHS
- Mr James Palfreyman – DP Calamvale CC
- Mr Andy Stergeou – DP Albany Creek SHS
- Mr Brenton Farleigh –DP Marsden SHS
- Ms Sharon Cordiner – DP Murrumba SSC
- Ms Heather Borland – HOD Science, Stretton SC

I thank them for their collegial support of our School Improvement Agenda as they all take time out of their individual schools for this accreditation process. Thank you to all our dedicated staff for your collegial support of the team during the week.

A big thank you to all the staff (teaching and non-teaching) and parents involved in the preparation of two large cohorts of students for NAPLAN 2016. Ms Evans, Head of Junior Secondary will provide more details in her report, however from the feedback I have received I am very proud of our students for the positive manner in which they approached the 5 sessions, being prepared and giving their best effort throughout. Thank you to Ms Evans, Mr Hegarty, Mrs Clifford and Mr Baker.

Our Leadership Program is in full swing with an extensive process to select our new leaders for 2016/17. The process involves all Year 11 & 10 students’ participation in the Leadership Day on 29th July, leadership applications, interviews week 6, voting week 7 and Leadership camp week 8. The new leaders will be announced at the Leadership ceremony on Thursday 14th July. Thank you to Ms Brockenshire HOD.
Senior School for leading the process and senior Heads of Sub-School for their support.

I hope all families have received a copy of our latest CREEKER magazine featuring our international focus and of course, as always, the outstanding performance of our students past and present. Thank you once again to Mr Mark Wedemeyer, teacher librarian for this very polished production. If your student has not received a copy to take home, please call the sub-school to obtain a copy.

Cheryl McMahon
Executive Principal

From the Head of Senior School

ECP – Student Led conferences

Thank you to all parents who attended the May 3rd ECP Meetings. Numbers were lower than in previous years in the senior school, due mainly to the fact that some students may have found the new Student Led Conference Process confronting.

Thankfully the feedback from students and parents was very positive with comments like those below;

“The structure of this ECP meeting is a far improvement on past ECP meetings. It allows the students to take ownership of their position and acknowledge where further improvements can be made to improve their educational outcome and goal”

“My son was more aware of his career plan because he had researched himself what courses are available for when he leaves school”

“An excellent idea, it makes the student think more about their strengths, weaknesses and future plans”

We will continue using this process in future with such great endorsements from parents.

Huge Expo On Careers

On the weekend of the 16th and 17th of July the major Tertiary studies EXPO for the South East will be held at the RNA showgrounds in Brisbane. Go to the link below for details - it must for year 11 & 12 still not sure of their pathways.

http://www.CareersEvent.com

QCS Full 2 Day Practice

Week 7 - 24th and 25th May will be a very busy week for Year 12 OP completing a 2 day practice QCS test in preparation for the real thing on 30th and 31st of August. It is strongly recommended that students NOW collect the materials for each session and place these in three separate clear containers (Written Task, Multiple Choice and Short Response) for the QCS test and store them at home for September whilst the experience of the test is still fresh in their minds.


The link below is also a very useful guide for Parents and Carers. The link below may be of interest to parents also to show some of the questions that are of the standard of the QCS test.


Andrew Stone
Head of Senior School

From the Head of Junior Secondary School

National Assessment Program – Literacy & Numeracy – Year 7 and 9 Students

The National Assessment Program - Literacy and Numeracy tests were conducted across the 10th, 11th and 12th of May 2016 for all students in year 7 and year 9.

We would like to commend our Year 7 and 9 students on their outstanding efforts with the preparation for these 5 tests. We look forward to the continuation of excellent results which have consistently been above the National benchmarks. Teachers who have been involved in assisting students to prepare for these tests, as well as improve literacy and numeracy of Junior Secondary School students, are to be commended for their commitment to excellence.

Careers

In year 7, 8 and year 9 it may be difficult for students to know and make decisions about what career pathway to take after they leave school. The following websites have been designed for students to spend some time exploring opportunities which exist for them. They are available for use both at school and at home and can be accessed online, using user names and passwords where necessary.

Please continue to spend some time at home discussing where your student’s interests may take them!

Parents can assist students in preparing for ECP interviews in term 3, by talking to students about both career pathways and subject selection for 2017. Students will be asked at this time to enter details about elective subjects (or pathways in year 10 for current year 9 students) they would like to pursue in 2017.

Web Based Resources

| User name: mountaincreek  
| Password: chaser19  
| Good career quiz facility – 20 questions and then you can look at the types of jobs you may like doing or be suited to. |
| My future | www.myfuture.edu.au  
| Designed to help explore and plan your career |
Young Scholars

Congratulations and special thanks to our senior students and staff for again volunteering to work with our Year 6 and 7 Young Scholars. In week 3 students were involved in activities in the areas of Creative Industries, Design and Digital Technologies. This continues to be a fantastic opportunity for students to experience enrichment activities in a secondary school setting.

Andrea Evans  Head of Junior Secondary
Craig Hegarty  Deputy Principal - Junior Secondary
Lindsay Baker  Head of Department - Junior Secondary

International Baccalaureate Update

The IB Pathway

The IB Pathway offers a world class education for our students here at Mountain Creek SHS. ‘Life in the 21st century, in an interconnected, globalised world, requires critical thinking skills, deep knowledge, a sense of international mindedness and a curiosity for learning,’ Universities in Queensland, all over Australia and throughout the world value IB graduates. Research shows that IB students are prepared for academic success, possess a broader range of skills that enhance their ability to adapt and contribute to university life. They demonstrate a level of emotional and intellectual maturity for managing the demands of challenging course work. They have extensive experience doing independent research; they think critically and draw on diverse perspectives that reflect an international outlook.

http://www.ibo.org/about-the-ib/research/

In 2014 University of Queensland recognised that the IBDP is a comprehensive and challenging programme. The programme’s international flavour, academic rigour and emphasis on inquiry-based learning means the IBD student enters university with a global outlook, an excellent work ethic and the critical thinking skills to ensure that they achieve great results (UQ 2014).

Mountain Creek SHS offers a proven pathway to prepare students for the IBDP in Year 10. Mirroring the IB structure of six subjects, the students are introduced to the skills, learning styles, strategies and expectations required for success in the IB Diploma Programme.

For more information about the IB see organisation information and MCSHS for course information.

Pondering The Big Questions

What does it mean to be human?
Is happiness the main aim in life?
What does it mean to live a good life?

We sometimes ponder such big questions. IB students, as part of their Theory of Knowledge course are taught the tools for questioning, then challenged to investigate, and encouraged to develop their own ways of considering such big questions. This week Year 12 IB students joined their peers from Immanuel College, Matthew Flinders College and Unity College for a workshop with the world renowned British theologian, academic, author and philosopher Dr Peter Vardy. Dr Vardy challenged the students to consider what living and loving well in the modern world might mean.

He drew on students’ experiences with social media, glossy magazine advertisements, popular aspects of Hollywood culture, and music videos to acknowledge young people’s bombardment by sexual images and messages that sex is recreational and transactional. He acknowledged that in the face of this, young people have never been in such need of resilience and positivity. To contrast he presented a range of recent film-slips and works of Art, drew on the Classics to ask if there are alternatives to understanding human relationships, sex and love. He challenged students to consider the issues for themselves by providing the opportunity for them to reflect on their own values and those being promoted to them and by describing a credible alternative perspective.

Our students took the opportunity to ask questions of Dr Vardy and to make comment in this open forum, to test their ideas, challenge the philosophy and in this way open their minds to a consideration of a range of perspectives.

Thank you to TOK teachers Mrs Elizabeth Mullighan and Mr Ben Rudes for ensuring that our students have such opportunities. Thank you also to Immanuel College for extending the welcome again this year.

News from the Coding and Innovation Faculty

Mountain Creek’s Women in Technology

Staff Profiles:

At Mountain Creek we have a number of female Digital Technologies teachers including:
Niamh O'Sullivan

I am from Ireland and started my Digital Technologies journey in university in Ireland. I completed my Graduate Diploma in Education at the University of the Sunshine Coast and got a job at Gladstone SHS as an IT teacher. I taught year 9 and 10 IT, year 11 and 12 ICT, year 11 and 12 Cert 1 and 2 IDMT and year 11 IPT.

After 3 years I got a job at Mountain Creek SHS teaching Business and this year picked up year 7 Digital Technologies and year 10 Digital Technologies. Super excited about the new curriculum and the teaching prospects.

Kym Thomas

Kym completed a Bachelor of Business specialising in Information systems at the University of the Sunshine Coast before entering the IT industry as a Business Analyst and Recruitment Consultant within the nation's capital, Canberra.

Kym moved back home to the lovely Sunshine Coast with her family and continued as an IT Recruitment Officer. Kym went back to USC and completed a Grad Dip in Secondary Education. She feels fortunate to start her teaching career at Mountain Creek State High School where she has been teaching in the Business and Coding & Innovation faculties for the last three years. Kym is looking forward to the next few years with the introduction of the new Digital Technologies curriculum.

Movie: CODE Debugging the Gender Cap

On Thursday 12 May 2016, The Creative Collective hosted a screening of CODE: Debugging the Gender Gap. This film explores the reasons behind the gender and minority gap in technology. The film highlights breakthrough efforts which are producing more diverse programmers and shows how a more inclusive environment can lead to innovation.

A number of local businesses and women in IT sponsored free tickets for our students and 2 of our teachers to attend. We had girls from years 8, 9 and 10 attend the evening along with Ms Muller and Ms O’Sullivan.

Robotics - FIRST Lego League

On Friday 6th May, teachers Libby Richardson and Niamh O’Sullivan took students from our STEM Extension program for year 8 and 9 students to Good Shepherd Lutheran College in Noosa for Robotics engagement activities. As shown in the images below, both students and staff had a great day and we are keen to run a similar day at Mountain Creek SHS for schools from the southern Sunshine Coast region.

STEM Academy **New Program of Excellence**

As mentioned in the last newsletter, from 2017 Mountain Creek SHS will be introducing a STEM Academy Program of Excellence in support of the Department’s #CodingCounts initiative as well as the Entrepreneurs of Tomorrow. Under the Program of Excellence we will offer placements in the STEM Academy to students who reside within our catchment area, as well as exemptions for successful student applicants who reside outside of our catchment area.

The Program will specifically aim to encourage and extend those students who show strong capability in Technology (including coding) plus at least one other of the STEM subjects (Science-Technology-Engineering-Maths).

Acceptance into the program is by application with applicants required to demonstrate at school, or in some extra-curricular activities and/or competitions, or in some other equivalent way, evidence of achievement in both:

- Technology (including coding/programming, robotics, arduinos, wearable technologies, or other similar application)
- One of Science, Maths, Engineering and/or other STEM-related field

Additionally, applicants will also have a demonstrated track record of working independently and working effectively as part of a team.

Admission to the STEM Academy will automatically enrol students, as follows:

- Year 7 – STEM Extension program run during Enrichment in terms 1 and 3
- Year 8 – both semesters enrolment in STEM with Innovation
students

• Year 9 – both semesters enrolment in STEM with Innovation

For students interested in applying to the Program of Excellence for 2017 when they will be in years 7, 8 or 9, an application is available from the Administration office. Applications close July 15.

For further enquiries, email:

Graeme Breen (gbree3@eq.edu.au),
Head of Department – Coding and Innovation

STEM with Innovation ** NEW SUBJECT **

PLEASE NOTE: This is an exclusive access course. Students are required to be studying Zenith or may be invited if in Aspire via acceptance into the STEM Academy (see article in this newsletter re the Academy).

Also profiled in the last newsletter and with strong interest from a number of parents, starting in 2017, the Coding and Innovation faculty will be offering a new subject which will focus on extending students’ knowledge and skills around STEM

Tech startups exist in any industry in which technology is an enabler of growth, including engineering, biotech, pharmaceuticals, energy, hardware and software. (Crossroads Report, 2015)

As new technologies transform the world around us faster than ever, entrepreneurship is becoming an essential skill for the 21st Century. The *STEM with Innovation* elective subject will introduce students to cutting edge technology and teach entrepreneurial skills to solve problems, improve the world, and emulate starting a tech business (i.e. a tech startup).

Students Will Learn:

This semester-length, design-thinking based course will involve students learning the same tools entrepreneurs use including how to identify problems, validate solutions, create a minimum viable product (MVP) and pitch ideas.

Academically talented students will be provided an opportunity to experience development of ideas with engaging technologies, pushing their understanding and application of STEM.

The course will have multiple strands from which the student may choose after an initial induction period. The strands will be offered based on availability and student interest but may include:

• Drones
• Wearable technology
• Augmented/Virtual Reality (AR/VR)
• App-based software product

How do I apply?

Current year 7 and 8 Zenith students (going in to year 8 and 9 respectively in 2017) will be provided with an information sheet shortly. Current year 7 and 8 Aspire students can apply via the STEM Academy Program of Excellence which will require them to be automatically enrolled in the new STEM with Innovation subject for both semesters. Applications for the STEM Academy are available from the Administration office.

Students currently in year 6 intending to enrol for year 7 at Mountain Creek SHS can collect an application form for the STEM Academy from the Administration office.

For further enquiries, email:

Graeme Breen (gbree3@eq.edu.au),
Head of Department – Coding and Innovation

Current Events and Activities

Monday 16th May – FIRST Robotics regional training at MCSHS

Tuesday 17th May – Recognition of MCSHS as a Launch School for Digital Technologies

Wednesday 18th May – IT Trip to Sydney for years 10-12 students visiting Fishburners, Google and Atlassian

Wednesday 18th May – Awards ceremony for Mayor’s Telstra Technology Award of which MCSHS’ Coding and Innovation Hub is a founding partner

http://www.codinginnovationhub.com

Tuesday 24th May – annual #GirlsCanCode day for all year 9 Zenith girls and Tech Day for year 9 Zenith boys

STEMed Festival on in Brisbane

The inaugural STEMed Festival will be held at the Royal International Convention Centre, Brisbane on 29 May. The one-day festival, organised by Women in Technology, will bring together students of all ages, parents, experts, advocates and educators. The event will feature interactive sessions, age-appropriate tech activities and a trade exhibition.

Program of Excellence Captain - STEM

Applications have now closed for the inaugural Program of Excellence Captain – STEM. A strong field have applied and interviews with short-listed applicants will take place shortly.

Graeme Breen
HOD – Coding and Innovation
gbree3@eq.edu.au

News from Creative Industries

This year we are offering a few more extra-curricular activities for those students who want to extend themselves in their chosen fields of creativity. Please find below, a list of contacts and activities available.

A copy of this information can be collected from the Fraser Sub-School and if you have any queries or questions, please email radow0@eq.edu.au.

Rachel Downie
A/Head of Creative Industries
Music Opportunities for Mountain Creek State High School Students.

We offer:

- rotational instrumental music lessons in Brass, Woodwind, Percussion and Strings. Students attend a group lesson each week.
- a range of music ensembles that perform at a range of school and community events and competitions throughout the year including:
  - **Stage Band**: Brass, Saxophone, rhythm section (drums, bass, piano and guitar)
  - **String Orchestra**: Violin, Viola, Cello and Double Bass
  - **Concert Band**: all brass, wind and percussion instruments.
  - **Rising Voices**: A large performance group with voices accompanied by a rhythm section. This group is auditioned on Monday of week 3 from 4-6pm in the music block and is open to students year 7-12.
- **Music Tour**: a bi-annual event which includes a number of ensembles from school touring within Australia.
- **Junior Jam Sessions**: these sessions will run during year 7,8 and 9 enrichment (as an alternative to interschool sport). Students will bring their own instruments, interests and skills and perform chosen repertoire in groups.
- **School Musical**: traditionally we have a bi-annual musical. We are due to have auditions at the end of this year for a musical in 2017.

Contacts:

For Instrumental Program enquiries please contact:
Mr Calvin Hunter chunt98@eq.edu.au

For all other music enquiries please contact: Ms Carly Cook ccook46@eq.edu.au

Mrs Courtney Duncan clrea0@eq.edu.au

Dance Opportunities for Mountain Creek State High School Students.

- **Year 7 Dance**: an hour of fun during Sport/Enrichment time every Thursday where students will work towards performances throughout the year.

Drama Opportunities for Mountain Creek State High School Students.

- **Year 7-9 Drama**: an hour of drama activities during Sport/Enrichment time every Thursday, where students will work towards performances throughout the year. Please contact Mrs Tylene Thompson tthom202@eq.edu.au for further enquiries.

Visual Art Opportunities for Mountain Creek State High School Students.

- **Year 7-9 Visual Art**: an hour of Visual Art activities before school each Wednesday from 9 – 10.15am. If your son or daughter is interested, please ask them to come to the Fraser Sub-School and write their name down as an expression of interest. For further information, please contact Ms Rachel Downie radow0@eq.edu.au

When One Door Closes – Compelling. Courageous. Confronting

Tuesday April 19 – a night like no other.
Year 11 & 12 Drama Year 11 IB Theatre students were glued to their seats at La Boite Theatre entranced by the events unfolding before their eyes.

“When One Door Opens”, created by Yaron Lifschitz, Libby McDonnell & the Cirque Ensemble, used a combination of Realism and Naturalism theatre styles to draw together the central themes and heroines from three individual plays; Hedda Gabler, Miss Julie and A Doll’s House.

“When One Door Opens”, was a thrilling, energetic and at times, heartstopping performance which gave students a glimpse into what would happen if the three worlds collided and Hedda Gabler, Miss Julie and Nora challenged the role of women in a male dominated society.

The benefits of such excursions in terms of providing students with experiential learning, is immeasurable.

The conduct of the students was commendable. Thank you.

Mrs McHugh, Mrs Thompson, Mrs Boyd and Ms Elizabeth

Rugby League Representatives for State Carnivals

Congratulations to the following students who will represent the Sunshine Coast Schoolboys at QLD Championships.

Open (U/18) Rugby League at Burleigh from 19-22nd May
Connor Luhan, Tyson Smoothy, Carlos Swasbrook-Murray, Tom Hogarth, Matiu McDermott, Kyle Dielwart, Carter Wedd.

News from the Sports Department

2016 Cross Country – Fraser Sub-School Champions

On a beautiful day in early May we held our Annual Sub-school Cross Country. The venue was the Maroochydore Cricket Club at Buderim and we walked the competitors to the park during morning tea. As the events of the day unfolded, the Year 7s joined the fun and took part in an obstacle, fun run with lots of activity. The 7s walked up to the park and then were back in time for lunch. The competitors were much more serious in their approach and some close and fast racing was the order of the day. Overall Fraser were too strong for the other sub-schools and were clear winners in the event. Many thanks were given to all organisers and supervisors as all concerned had a lovely day. We now take the school team, named from those who ran so very well, to the Central District carnival on Wednesday 18 May to try to do the double of the Swimming and Cross Country Champions! Good luck to all our runners.

Year 12 Art Trip

U/15 Rugby League at Longreach from 5-8th May
Alex Baldry, Ollie Lehmann, Trent Loiero, Jai Smoothy, Joe Lowe, Jay Lanuto

U/12 Rugby League at Runaway Bay from 23-28 June
Zac Lamont, Harry Dreger, Jordan Lanuto, Jack Underhill, Kea Stevenson

Dan Roberts
Program Manager
**News from Film and Television**

**Lights, Cameras, Action: Film Students Visit the Bli Bli Castle**

Term 2 has been an exciting time for year 11 and 12 film students as they were given the opportunity to partake in an on-location film shoot at the Bli Bli Castle. Over two separate days students took advantage of the unique location to capture the perfect shot to use in their up-coming production.

The morning was spent scouting every nook and cranny the location has to offer, so as to find the ideal setting for each of their shots. Equipment was set up in anticipation for a busy afternoon behind and in front of the camera. The fantastic staff at the Castle put on a feast fit for a King to ensure the students had the energy to sustain a very hectic afternoon.

All in all the trip to the Castle was very enjoyable and beneficial for all involved. The enthusiasm and professional approach displayed by all students was very pleasing for the teachers and has ensured that this on-location shoot will continue to run in the coming years.

**News from SOSE**

**12 AHS visit UQ Social Science Library**

Tuesday, May 3 was a day of anticipation for Year 12 Ancient History students as they ventured to Brisbane to visit the University of Queensland Social Science Library hunting much needed academic sources for their current research assignment.

With an early start 20 students spent 5 hours almost at UQ seeking out invaluable, though sometimes elusive, sources, scrambling to download as much as possible off the uni’s databases, hunting books in the caverns available whilst making sure to optimise their time.

During the introduction to the Library, some clever research tips were offered such as how to complete more effective searches on the internet which will prove useful for any future studies this year or into the future. Best of all though was being informed of Fordham University’s Sourcebook of Primary Sources which proved crucial for many who have experienced difficulty finding these essential pieces of evidence for their assignment.

Finally let loose, many enjoyed the opportunity to experience uni for the first time, whilst others did all they could to gain as much academic material to use in their upcoming essay knowing it is this superior academic quality material which will help them to nail better results for their assignment. Some were stunned to see students eating and drinking in the library because they did not move from their designated spot ALL day whilst some learnt valuable lessons about security of possessions. Some students were amazed at how difficult it was to find somewhere to work at a desk so they chose to sit on the floor, surrounded by books. All up, the day was an unqualified success from the point of gaining material to use for their current assignment. It has also broken the fear of reusing the uni when next we complete a research assignment in Term 3. Students involved are to be commended for their diligence in representing Mountain Creek SHS so maturely. Well done!

**News from Tourism**

On the 13 March the Year 12 Tourism students volunteered their time to help with the pull down of the annual Mooloolaba Triathlon. This was a massive job requiring the pulling down of all the advertising banners that lined the streets of the Tri, and students had to not only take down all banners but also fold them and pack them away in their individual advertising categories for later use.

Students had the opportunity to work with the event managers that organised the event. This gave the students excellent experience and knowledge of how the industry works and what is expected.
**News from Student Services**

**MCSHS Mental Health & Wellbeing Week (May 16th-21st) Week 6 Term 2**

Student Services has been busy planning a range of activities to promote student, staff and community wellbeing for MHWW. We hope to generate discussion about mental health and learn about how we can look after ourselves and others. We have an exciting week planned with laughter yoga, boot camp, fruit and power ball stalls, movie screenings, and more!

**Laughter Yoga**

*Wednesday Senior and Junior lunch Moreton Shelter*  
Register at Student Services or just turn up

**Fitness Boot Camp**

*Thurs 10am at the oval*  
Register interest at Student Services or just turn up

**Movie Screening /Display**

*Mon-Fri Seniors & Juniors lunch at Resource Centre*  
*Power Ball Stall - Healthy Options*  
*Monday & Thursday*  
*Skill Centre*

**Staff Massages**

*Friday Session 1,2,5,6*  
Mental health is important to everyone, and with 1 in 4 young Australians experiencing at least one mental disorder, it is important that we recognise the issue. Evidence shows that prevention and early intervention strategies improve mental health outcomes.

At Student Services we use evidence based health promotion strategies that aim to involve students, staff, parents and the community. This involves looking at individual, social and environmental factors that have an impact on our mental health.

Our social environment and how supportive we are toward each other greatly influences our mental health. Stigma surrounding mental health is one of the biggest barriers to youth getting help, so here are tips for how to show your support and reduce stigma:

- Be sensitive  
- Communicate  
- Be respectful

If you are going through a tough time, or know someone who is contact Headspace (National Youth Mental Health Foundation)  
1/27 Evans St  
Maroochydore  
P 5409 4900  
eheadspace.org.au  
1800 650 890

**Study and school work**

With the prospect of half yearly exams coming up and the school year well under way, some students may feel the pressure of study and school work more intensely in Term Two.

It is normal to feel some stress and pressure when it comes to study and school work, however it is important that students, teachers and parents know when stress becomes a threat to wellbeing and mental health.

It is important that students have support to help them manage their stress levels and study in an effective and productive way. Some students may also face extreme disappointment or feelings of hopelessness if they do not get the marks they were aiming for.

It is therefore important that students learn to manage disappointment and not let test scores seriously impact their wellbeing and sense of self-worth.

**ReachOut.com fact sheets**

- [Beating exam stress](http://au.reachout.com/Beating-exam-stress)  
- [How to Study](http://au.reachout.com/How-to-Study)  
- [Burnout or chronic stress](http://au.reachout.com/Burnout-or-chronic-stress)  
- [Dealing with exam results](http://au.reachout.com/Dealing-with.exam-results)  
- [Failing a course or subject](http://au.reachout.com/Failing-a-course-or-subject)

**Queensland Father of the Year 2016**

SU QLD is once again hosting the annual Father of the Year awards. The goal is to honour and celebrate the importance of fathers and father figures throughout our state.

Major Prize: The Father of the Year will win for himself and his family a five night holiday at SeaWorld Resort & Water Park and the Gold Coasts favourite theme parks!

Nominators prize: Anyone who nominates a dad will go into the draw to win an Ipad Mini.

Fathers nominated must be a permanent Queensland resident, cannot nominate themselves but can be nominated more than once by different nominators. Nominees can be natural fathers, adoptive fathers, step fathers, foster fathers and grandfathers parenting their grandchildren.

Nominations close on Friday July 15th.

For more information and to make a nomination go to  
If you or your students have questions, you can also talk to one of the school chaplains.

**UNIFORM SHOP**

The Uniform Shop wishes to advise a price increase on a few of our items. We have not had an increase for a number of years but the following are unavoidable:

- Boys shorts were $30 now $33
- Spray Jacket was $49 now $51
- Boys and Girls white socks per 2 or 3 pack were $8 now $9
- Navy football/soccer socks were $9 now $11
- School Back Pack was $59 now $65

The price increase will take effect immediately on the Spray Jackets and the remainder will take effect in Term 3.

With winter hopefully nearly upon us the options for boys and girls are the choice of a Fleecy Pullover @ $36 or zip-up Spray Jacket @ $51.

Girls may wear 70 denier Navy Tights @$8 and we have Navy Trousers for boys @ $36. There is also a school scarf @ $12.

A reminder that we stock all students’ stationery requirements.

Credit card payment over the phone are welcome for all purchases. Ph. 54 578328

**News from Fraser Sub-School**

**Fraser Sub-School News**

Fraser sub-school has been very busy during the last fortnight. We celebrated student success through our regular FRASER FALCON FEAST. This reward was provided to students who achieved an A and B for behaviour and industry in Term 1. Senior Leaders and staff served snacks and drinks to an amazing 240 Fraser students. We are also basking in the glory of our recent CROSS COUNTRY win. This success was only possible through the excellent commitment of staff and students to this event. Go Fraser! Year 7s got physical during the recent GET ACTIVE DAY, with staff commenting on the outstanding engagement and participation of our Fraser Falcons. The Fraser Year 7s all completed the fun run within the prescribed time limit, earning double points for our sub-school. The Year 7 Fraser non-competitive girls achieved a brilliant result, with all girls running the 1.2km fun run course. Finally, Fraser Falcons welcome eight pre-service teachers into the nest. We are confident that our students will make them feel welcome.

**Parent & Student Information**

**Would $500 Assist You With Education Costs?**

Join Saver Plus and match your savings dollar for dollar, up to $500, for education costs including school uniforms and text books, laptops, sports equipment and music tuition!

To be eligible you must:

- have a Centrelink Health Care or a Pensioner Concession Card
- have a child at school or starting next year

Call or SMS your local Saver Plus Worker at the Smith Family on 07 5451 1069

Saver Plus is an imitative of Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and the Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Families, Housing, Community Services and Indigenous Affairs, with ANZ providing matched saving for participants

**Calendar of Events**

<table>
<thead>
<tr>
<th>Week 6</th>
<th>May 2016</th>
<th>Term 2</th>
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<tbody>
<tr>
<td>Mon 16</td>
<td>P &amp; C Meeting 5.30pm Administration Building</td>
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<td>Mon 16</td>
<td>• MENTAL HEALTH WEEK- ALL WEEK</td>
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<td>Mon 16</td>
<td>• HEADSPACE: Beach Shack Mon &amp; Tue</td>
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<td>Mon 16</td>
<td>• Year 11 MHS USC Visit</td>
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<td>Tue 17</td>
<td>• Brainstorm Productions Year8 Sessions 5 &amp; 6</td>
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<td>Tue 17</td>
<td>• Year 12 MRN Boating Excursion</td>
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<td>Tue 17</td>
<td>• ROBOTICS Competition &amp; IT Day</td>
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<tr>
<td>Tue 17</td>
<td>• Sunshine Coast Regional Trial Day 4</td>
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<tr>
<td>Wed 18</td>
<td>• IT Trip to Sydney</td>
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<tr>
<td>Wed 18</td>
<td>• ASAA Accreditation Visit</td>
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<tr>
<td>Wed 18</td>
<td>• Year 12 Via Italia Experience</td>
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<tr>
<td>Wed 18</td>
<td>• Central District Cross Country</td>
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<tr>
<td>Thu 19</td>
<td>• Leadership Interviews Thursday and Friday</td>
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<tr>
<td>Fri 20</td>
<td>• Year 7 Enrolment Application DUE</td>
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<tr>
<td>Fri 20</td>
<td>• Rio Tinto Science Competition</td>
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<tr>
<td>Fri 20</td>
<td>• #GirlsCanCode+ Dig Tech</td>
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<tr>
<td>Fri 20</td>
<td>• Year12 Hospitality Excursion</td>
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<tr>
<td>Fri 20</td>
<td>• School Cup Volleyball Friday – Sunday (Good Luck)</td>
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<td>Date</td>
<td>Event</td>
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<tr>
<td>Tue 24 May</td>
<td>QCS Practice Test Year 12 OP</td>
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<tr>
<td></td>
<td>Australian History Competition</td>
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<tr>
<td>Wed 25 May</td>
<td>QCS Practice Test Year 12 OP</td>
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<tr>
<td></td>
<td>Year 8 &amp; 9 Inter-School Sport Round 6</td>
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<tr>
<td>Thu 26 May</td>
<td>Young Scholars Visit 1.40-4pm</td>
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<td></td>
<td>Year 11 AQP Boating Assessment</td>
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<tr>
<td></td>
<td>Year 10 No Limits Ropes Day (Thursday and Friday)</td>
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<tr>
<td></td>
<td>AFL Senior and Junior Girls</td>
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<tr>
<td>Fri 27 May</td>
<td>Year 12 AQP Canoeing</td>
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<tr>
<td></td>
<td>Year 12 Via Italia Experience</td>
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<tr>
<td>Mon 30 May</td>
<td>NATIONAL RECONCILIATION WEEK</td>
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<td></td>
<td>Year 11 Leadership Camp (Mon &amp; Tue)</td>
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<td>Bribie Chocolate Drive</td>
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<tr>
<td>Tue 31 May</td>
<td>Year 9 -12 Shake and Stir Theatre Co</td>
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<td></td>
<td>ICAS Science Comp</td>
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<td></td>
<td>Sunshine Coast Regional Cross Country</td>
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<tr>
<td>Wed 1 June</td>
<td>Year 12 Via Italia Experience</td>
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<td></td>
<td>Year 8&amp;9 Inter-School Sport Round 7</td>
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<tr>
<td>Thu 2 June</td>
<td>Year 11 Chemistry External Exam</td>
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<tr>
<td>Mon 6 June</td>
<td>IB Information Evening</td>
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<td>Year 7 Vaccinations – Round 2</td>
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<td></td>
<td>Year 12 AQP Industry Placement’s ALL WEEK</td>
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<tr>
<td>Tue 7 June</td>
<td>Year 8 Vaccinations – Round 2</td>
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<tr>
<td>Wed 8 June</td>
<td>Year 12 Via Italia Experience</td>
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<td>ICT Big Day In – QUT Year 10 Excursion</td>
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<td></td>
<td>Year 8&amp;9 Inter-School Sport Round 7</td>
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<tr>
<td>Thu 9 June</td>
<td>Year 9 USC Experience Day</td>
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<td></td>
<td>IT Trip to USC</td>
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<tr>
<td>Fri 10 June</td>
<td>Nambour Show Day (PUBLIC HOLIDAY)</td>
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